



NEWSLETTER

TERM 1 WEEK 5 February 2023



SCHOOL PHOTOS Tuesday March 14

TERM CALENDAR

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6 FEBRUARY/MARCH	27	28	1	2 TLPSSA Football Trials	3 Clean Up Australia Day TLPSSA Swimming Carnival
Week 7 MARCH	6 Parent Teacher Interviews	7 Parent Teacher Interviews	8 Parent Teacher Interviews	9 Parent Teacher Interviews Anxiety Seminar for Parents at Terrigal Public School	10 Parent Teacher Interviews
Week 8 MARCH	13 Sydney North Touch Football Trials	14 School Photos	15 NAPLAN Years 3 And 5	16 NAPLAN Years 3 And 5	17 NAPLAN Years 3 And 5
Week 9 MARCH	20 NAPLAN Years 3 And 5	21 NAPLAN Years 3 And 5	22 NAPLAN Years 3 And 5	23 NAPLAN Years 3 And 5	24 NAPLAN Years 3 And 5
Week 10 MARCH	27 NAPLAN Years 3 And 5	28 PBL Rewards Trading Day	29 Stage 3 Canberra Excursion	30 Stage 3 Canberra Excursion	31 Stage 3 Canberra Excursion
Week 11 APRIL	3	4 PBL Rewards Day	5 Cross Country Carnival Years 2-6 9AM- 12:30PM	6 Easter Celebrations Last Day of Term	7 Good Friday

SCHOOL NEWS

Word of the Week

As part of my role for this year, I have been researching the complexities of vocabulary and vocabulary development in children.

Vocabulary refers to the words we must know and understand to communicate effectively. It is the knowledge of words and word meanings. Reading vocabulary refers to words we recognise or use in print. The words we need to know to understand what we read.

Vocabulary development plays an important role in word recognition. Students are more likely to be able to read a word if they find a match between the word on the page and a word they have learnt through listening and speaking. This also supports them to read related words.

Vocabulary is also the key to reading comprehension. Readers cannot understand what they are reading without knowing what most of the words mean. As children learn to read more advanced texts, they must learn the meaning of new words that are not part of their oral vocabulary.

To encourage Erina Heights families to join in the fun of learning new words with their children I will be including a 'word of the week' in our newsletter. You might like to share this word with your family and set them the challenge to use it, correctly, in conversations throughout the week. Or see if you can include it in conversations with friends, or extended family members to guess the correct meaning of the words, or just learn a new word.

Miss Sheather

Word	Type	Dictionary Meaning	Did you know?
Tempestuous (tem-PESS-chuh-wus)	adjective	Tempestuous means "of, relating to, or resembling a tempest" (which is a violent storm). Its synonyms are turbulent or stormy.	Time is sometimes marked in seasons, and seasons are associated with the weather. This explains how tempestās—a Latin word for "time," "season," and "weather"—gave rise to tempestuous, an English adjective for things turbulent and stormy.

Woosical the Musical

On Wednesday our school was treated to a performance called Woosical the Musical. The stage was filled with colour, vibrancy, song and dance. The main characters were the Worry Woos which our children have become very familiar with. Each Worry Woo has a hard to explain emotion and during the musical the little monsters tried to express their emotions and find strategies to help them deal with their complicated feelings.

Without realising, our children were learning simple strategies to help them deal with emotions like worry, frustration, loneliness and insecurity. They witnessed the Worry Woo monsters learning to understand why they feel certain emotions and to accept and respect everyone's emotions.

Our school was very lucky to have been given the opportunity to see this production and will take away some lovely memories and learnings from the day.

Mrs Anderson



WELCOME BBQ

Last Wednesday, we held our Welcome BBQ and smoking ceremony. It was such a positive afternoon, where our community could come together, get to know each other, eat yummy food, meet the teachers and watch their children play in our new playground.

The smoking ceremony was a wonderful way of starting a fresh year, clean and fresh. It was a way to welcome everyone and bring us all together to pave the way for a fantastic year together.

The BBQ was followed by our parent information sessions in the school hall. This was a way of highlighting events and activities that are on offer for your children and demonstrate just some of the learning that will take place in classrooms.

We thank all of our community who came along and thank all the staff and teachers who cooked, served and helped make the afternoon a success.

What a wonderful start to our year.

Ms Bailey



CLASSROOM NEWS

1K

What a wonderful start to the year 1K has had! Everyone has settled in well- including Miss Kay! 1K have been so engaged during our English sessions and have been loving learning new phonemes and graphemes to help us read our new decodable texts. Our most recent book "Under the Southern Cross" started conversations around special places that we have visited in Australia, and it was a great stimulus for our own descriptive writing. In mathematics, 1K has enjoyed our daily number sense activities and hands on tasks that have developed our mathematical talk. One of our favourite activities was recognising patterns in the real world and making links to numbers. 1K enjoyed their Zooper Doopers from Mrs MacDonald last week on a sunny day, a reward for bringing in all Dojo notes. We have also been enjoying reading the Worry Roos books and were delighted to attend the Woosical last week.

We are looking forward to a great year ahead with such wonderful learners in the classroom. Here are some of our highlights.

Miss Kay.




COMMUNITY NEWS



Students from our school will soon be undertaking (or have recently undertaken), an education tour of the national capital. Students will be given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$30.00 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.



Anxiety COACH

Anxiety Coach™ Parent Seminar


REDUCE ANXIETY AND BUILD RESILIENCE IN CHILDREN AGED 2-12 YEARS.

PARENT SEMINAR


At this seminar you will get an overview of:

- Anxiety basics - ground-level understanding of how anxiety develops and functions.
- A greater understanding of the problem of increasing levels of anxiety in children and some strategies for its treatment.
- Some of the modest skills which can be applied to anxious thinking and anxious behaviour to help a child to develop more adaptive ways to cope with adversity.

JOIN ONE OF OUR TEAM AT YOUR SCHOOL FOR AN INFORMATIVE AND EDUCATIONAL DISCUSSION ON RECOGNISING ANXIOUS BEHAVIOUR IN YOUR CHILD, AND HOW YOU CAN ADOPT SMALL MEASURES TO SUPPORT THEM AND HELP THEM BUILD RESILIENCE.



Michael Hawton
Parentshop founder



Dr Rob Steventon
Parentshop consultant

SCHOOL: Terrigal Public School




DATE: Thursday 9th March 2023

TIME: 5:30pm - 7:00pm

LOCATION: Terrigal Public School Hall

WHAT PARENTS AND PROFESSIONALS ARE SAYING.... WWW.PARENTSHOP.COM.AU/FOR-PARENTS

- Very insightful course. I love how it combines scientific evidence with practical guidelines. It will help me with my own anxiety as well as coaching the kids. Thank you!. **ELIZA, MUM.**
- The training was incredibly useful and eye opening. I can apply the knowledge and skills I have learnt immediately into my everyday teaching. This course has equipped me with the background information and confidence to tackle some tricky issues and have some difficult conversations. **NATASHA, MAJURA PRIMARY SCHOOL**
- A great framework for explaining anxiety in kids and empowering parents with the skills to manage it. **KATIE WALLACE, GENERAL PSYCHOLOGIST, PSYCHOLOGICAL SOLUTIONS**
- It's very important for parents to be able to manage a child's anxiety before it grows bigger with them. **BARBARA TAYLOR, ASSESSOR, WESLEY MISSION**

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SHARKIES

2023

REGISTRATIONS OPEN DEC 1ST

- **MINI \$120**
- **INTERNATIONAL & MODS \$170**
- **FAMILY DISCOUNTS AVAILABLE**
- **GIRLS PLAYING BOTH GLT & TACKLE, SECOND REGO IS ONLY ADDITIONAL \$30**



**NEW 2023 POLO SHIRT
FREE WITH REGO**



Contact- registrar.twjrl@gmail