



# NEWSLETTER

TERM 2 WEEK 10 : JULY 2022



Happy, Healthy, Successful, Lifelong Learners



# PRINCIPAL REPORT

What an uplifting and rewarding term it has been. We had our Cross Country, Athletics Carnival, Mother's Day breakfast, Excursions, Sports Gala Days, Kindergarten Open Day, Election BBQ and finished the term with two exciting Motiv8 Sports Rewards Days and our NAIDOC celebrations. This was in addition to the wonderful learning happening in classrooms.

We welcomed Mrs Sheather and she has been a great support to students and staff in creating literacy rich classrooms. She has worked closely with K-2 and it has been great to see the progress that students are making and how proud and excited they are to share the great work they are producing.

Thank you to our P&C and Community for your continuous support and efforts in providing opportunities for students and raising funds that help drive ongoing school improvement.

Thank you once again for another great term that certainly highlighted what a wonderful community, we have here at Erina Heights Public School.

## Staffing Term 3

We have some changes to our staffing arrangements next term.

- Vicki Anderson is returning and will be taking 1T each Thursday & Friday
- Ange Thaler will remain on 1T Monday – Wednesday
- Katherine Diggins will be on KG Monday – Wednesday
- Tanya Woods will be on KG Thursday & Friday and will do teacher RFF on Wednesdays
- We welcome Angela Sullivan to the team; she will be working Monday – Thursday doing Step it Up (COVID) groups & RFF. Angela will be covering PDH with classes, with a focus on Wellbeing and Mindfulness.





# PRINCIPAL REPORT

## Playground Update

We are almost there. The playground is in, and the soft fall is completed. The next phase of the project is the installation of a shade sail over the playground, synthetic grass, a dance stage, a dry creek bed with a wooden bridge, hopscotch, and seating.

This playground has been jointly funded by the school, the P&C and the state government through the Community Building Partnerships grant. Thank you to the P&C executive who have worked tirelessly to apply for these grants and see the process through.

Thank you to the P&C for funding the shade sail that will offer sun protection to students whilst they are playing on the new playground equipment.

Thank you to our state member Adam Crouch for supporting Erina Heights through the Community Building Partnership Grant. This grant covered the cost of the soft fall under the playground, ensuring that we are providing a safe place for students to play that also meets all safety requirements.

An additional Community Building Partnership grant has also funded the adventure playground that includes the dry creek bed and stage for students to play on. Sensory aspects have also been included.

We are excited to see students enjoying this area when they return next term.

## Bell Times

We are making a slight change to recess and lunch times; our new bell times will be

Start time: 8:50am

Recess: 10:50 – 11:25

Eating time: 12:45-12:55

Lunch: 12:55-1:25

Finish time: 2:45



# SCHOOL NEWS

## YEAR SIX BASKETBALL GALA DAY

On Friday we were lucky enough to have some wonderful Year 6 boys attended a basketball gala day at Breakers Stadium. The boys played three games in total and won their last two games convincingly, 49 points to 1, and 48 points to 6.

Whilst it was fantastic to come away with 2 wins under their belt, it was the sportsmanship that they boys displayed on the day that was the real winner! All the boys were polite and respectful to their opposition teams and the referees.

Well done boys. You did Erina Heights and your community proud.

Mrs Sheather

## TLPSSA SOCCER GALA DAY

Congratulation to our Senior Boys and Girls PSSA Knockout Soccer Team on their fantastic results. On Monday, they competed in the Knockout Gala day at Tuggerah Sporting Complex. The Boys coming away with one win; 6-1 victors over Kulnura and one loss; 5-1 against Bateau Bay. The girls coming away with two wins; 5-0 victors over Brooke Avenue, 1-0 victors over Bateau and one loss 8-0 against Terrigal.

Both teams represented EHPS with pride and passion. The determination by both teams was great to see. A big thank you to the dedication of the payers with early morning sessions and positive attitude on show all day was fantastic.

Mr Beames

## LITERACY NEWS

I have been lucky enough to support students and work side by side with teachers during literacy and numeracy blocks. This term we have introduced vocabulary walls in each class from K-6. Vocabulary walls are a collection of high frequency and theme words that are age appropriate and initially consist of over half of all the words children will see during reading. They are excellent tools for building word consciousness in students through increased vocabulary interaction and learning opportunities; especially as students make connections among important concepts and big ideas. Additionally, the vocabulary walls have given students to have the confidence to think of themselves as successful writers during independent writing tasks. They can confidently challenge themselves to think through multiple synonyms for words and upgrade their writing. I look forward to continuing to work with teachers and student's next term.

Mrs Sheather



# THE PREMIERS READING CHALLENGE

The holidays are an ideal time to catch up on your reading. I certainly plan to catch up on my reading.

There are some great books out there now and some of them are easy to read! Remember even picture books are in the challenge. For older readers, Shaun Tan is an excellent author to look at. His images are very thought provoking. Younger readers might enjoy Graeme Base. There is so much to see of each page. Every time I read his books I find something new!

Don't forget to log your books in your PRC Reading Log. The easiest way to update your reading log is by logging onto the student portal.

You have until August 19 to complete the challenge, so there is still plenty of time.

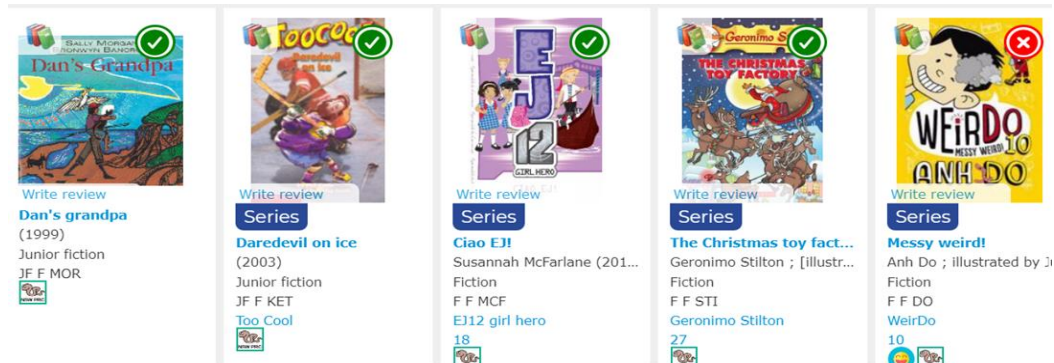
Congratulations to the following students who have already completed the challenge: Teal, Rose, Archie, Elisia, Will G, Madeliene A, Ari B and Jack G.

Here are few suggestions of books you can borrow from our library:

## For the K-2 Challenge



## For the 3-4 Challenge



## For the 5-6 Challenge



Happy Reading  
Mrs Stahl  
Assistant Principal (Library)

# CULTURAL NEWS

## NAIDOC CELEBRATION

Today's NAIDOC event was about celebrating our Aboriginal and Torres Strait Islander culture and building relationships among students in Kindergarten through to Year 6.

Throughout the day students were engaged in many activities including weaving, painting, Indigenous sports, stories about native animals and creating messages on rocks.

I would like to thank Terrigal High School's Aboriginal staff and students who taught our students a welcome dance as well as some fun games.

Special thanks to our Aboriginal Education Team who organised the event.

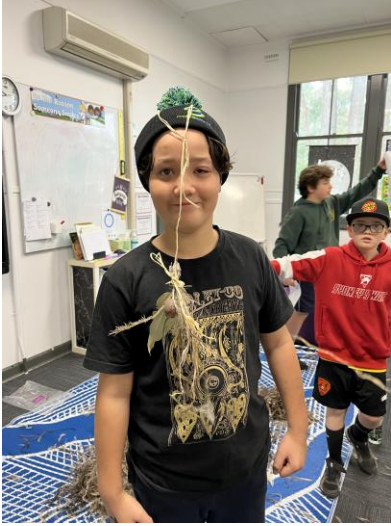
It was a fantastic day, and we hope that all students had fun. What a great way to finish off another busy term.

If you would like to attend any NAIDOC celebrations, various organisations are hosting NAIDOC events during NAIDOC week (3<sup>rd</sup> – 10<sup>th</sup> July).

Mrs Hillman



# CULTURAL NEWS



# CULTURAL NEWS

**GET UP! STAND UP! SHOW UP!**

**CENTRAL COAST NAIDOC COMMUNITY DAY**

Tuesday 5th July, 2022  
10 am to 3 pm  
The Entertainment Grounds,  
Gosford Racecourse

- Come together with family, friends and community for a fun filled day.
- Complete all stations in Health precinct (you'll receive a free shirt on completion - age 16yrs and over only)
- Live Entertainment
- Free BBQ Lunch
- Health Checks
- Community Stalls
- Kids Rides & much more!!

Any enquiries contact  
Nunyarra Aboriginal Health  
Unit on 4320 2698

Central Coast NAIDOC Community Day

NSW GOVERNMENT Central Coast Local Health District

WE'RE COVID SAFE

**Bungree**

11am - 3pm  
**Wednesday 6 July 2022**  
Bungree Office,  
78 Pioneer Ave Tuggerah

You're invited to  
**Bungree's NAIDOC Week Block Party**

Clients and community are invited to join the Bungree team to celebrate NAIDOC Week!

Join us for a fun filled day including:  
Free BBQ lunch | Giveaways  
Raffles with great prizes to be won  
Special guests on the day | Music

**Gold coin donation event.**  
All proceeds will go to The McGrath Foundation.

We hope to see you there!

**GET UP! STAND UP! SHOW UP!**  
3-10 JULY 2022

Bungree Aboriginal Association | T 02 4350 0100  
E enquiries@bungree.org.au | W bungree.org.au

**MINGALETTA FAMILY FUN DAY**

EMERGENCY Services

**MONDAY 4TH JULY**  
**KITCHENER PARK**  
MAITLAND AVE, ETTALONG  
**10AM - 2PM**  
**FT: DJ BAKER BOY**

BBQ LUNCH | RIDES | FACE PAINTING | ART |  
DIDGE WORKSHOPS | WEAVING | JUMPING CASTLE |

**OUR PARTNERS**

RYSS NSW Aboriginal Affairs  
YERIN Local Aboriginal Land Council  
DARKINJUNG

**STAND UP! SHOW UP!**

STOP STEALING OUR KIDNERS! HEALTH CARE! LAND RIGHTS! JUSTICE! STOP THE...  
A BAK MATING...  
ENJOY! CLIMB THE CAR...

**EVENT DETAILS**

- DATES: Sunday 3rd July 2022
- LOCATION: Leagues Club Park Gosford

**Join Darkinjung in Solidarity to launch NAIDOC 2022**

Darkinjung Local Aboriginal Land Council invites the Central Coast Community to march in unity to officially open NAIDOC Week 2022. Community is invited to meet at Kibble Park Gosford at 9.30am and march to Leagues Park Gosford for a Community Celebration with Market Stalls, Entertainment and more!

Darkinjung

**GET UP! STAND UP! SHOW UP!**  
3-10 JULY 2022

# COMMUNITY NEWS



## ERINA HEIGHTS HOLIDAY PROGRAM

**JULY 2022 - WEEK 1**

(bookings close on 29 June)

<b>MONDAY 4 JULY</b>  <b>SCARECROW DAY</b>  It's "Build a scarecrow day", so what are we going to do?  BUILD A SCARECROW. Bring some old clothes and see what we can create.   Fee - \$75	<b>TUESDAY 5 JULY</b>  <b>NAIDOC CELEBRATIONS</b>  Let's celebrate NAIDOC week. It's time to...  <b>GET UP! STAND UP! SHOW UP!</b> 3-10 JULY 2022   Fee - \$96	<b>WEDNESDAY 6 JULY</b>  <b>EMBRACE YOUR GEEKINESS</b>  Get your geek on with games, pop-culture and a bit of science!   <b>POP CULTURE</b> GAMES 2U INCURSION! Fee - \$96	<b>THURSDAY 7 JULY</b>  <b>BRRRR, IT'S COLD IN HERE</b>  There must be some TASKers in the atmosphere!  Winter is coming. TASK's got you covered.   <b>Excursion To Erina Ice Arena</b> Fee - \$96	<b>FRIDAY 8 JULY</b>  <b>CHOCO CRAVINGS</b>  We're all about CHOCOLATE today.   Fee - \$75	  <b>HOURS</b> Mon - Fri 7am - 6pm  <b>BOOKING</b> enrol@task-kids.com.au task-kids.com.au 1300 627 500
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**The After School Klub**

**JULY 2022 - WEEK 2**

(bookings close on 6 July)

<b>MONDAY 11 JULY</b>  <b>COLOUR EXPLOSION</b>  Sometimes all you need is a splash of colour!   Fee - \$75	<b>TUESDAY 12 JUL</b>  <b>BATTLE OF THE SERVICES</b>  There can only be one service to rule them all.   <b>Excursion to Inflatables World Charmhaven</b> Fee - \$96	<b>WEDNESDAY 13 JULY</b>  <b>TASK CARNIVAL</b>  Treats, music, face painting and games - let's get together and CARNIVAL!   <b>Inflatables Fun!</b> Fee - \$96	<b>THURSDAY 14 JULY</b>  <b>TASK GOES WILD</b>  It's time to go wild and celebrate "World Snake Day"   <b>Excursion to the Australian Reptile Park</b> Fee - \$96	<b>FRIDAY 15 JULY</b>  <b>PARLEZ VOUS FRANCAIS?</b>  There's no better way to celebrate Bastille Day than some cooking and a French breakfast!   Fee - \$75	<b>MONDAY 18 JULY</b>  <b>LIGHTS, CAMERA, ACTION!</b>   <b>Cinema Excursion</b> HOYT'S ERINA MINIONS: THE RISE OF GRU Fee - \$96
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\* Excursion Days: places limited • Afternoon tea provided • All HP subject to change dependent on Government advice / direction • Each day please bring: recess, lunch and water bottle, hat, raincoat, socks, covered shoes and jumper - all labelled.

**Are you eligible to join  
Saver Plus & receive \$500  
for your back to school costs?**

Must meet all eligibility criteria:

- Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment\*
- Be studying yourself OR have a child in school (can be starting school next year)
- Have regular income from work (either yourself or your partner)\*
- Be 18+ years old

\*Many types of income and Centrelink payments are eligible

saverplus



# COMMUNITY NEWS

## Teen Getting on Track in Time! - Teen Got It!

### TELEHEALTH PROGRAM

Justice Health and Forensic Mental Health Network are running an early intervention telehealth program for young people and their parent/carer called "Teen Got It!".

The program is voluntary and targets young people (between 11-17 years of age) engaging in oppositional behaviour and early violence towards their family, peers or other individuals. This may be occurring at home, school and/or in the community. The earlier we address these behaviours, the easier it is to 'get on track in time' and to improve outcomes for these young people.

The Teen Got It! Telehealth Program is a 5 session program, and has been adapted for telehealth delivery via audio-visual link. The program is underpinned by evidence based interventions.

#### **DURING THE PROGRAM YOUNG PEOPLE LEARN TO:**

- increase their capacity to cope with stressors
- decrease their externalisation of distress in the form of aggression
- problem solve conflicts
- improve their relationships with others at home, school and in community
- engage in help-seeking behaviour and knowledge regarding wellbeing

#### **CAREGIVERS LEARN TO:**

- manage stress and engage in self-care
- enhance their parenting/caring capacity
- hold their young person in positive regard
- manage disruptive behaviours
- improve communication and family cohesion building

Teen Got It! also support young people and their parent/carer in navigating pathways for ongoing mental health care as appropriate.

IF YOU HAVE ANY QUESTIONS ABOUT  
THE PROGRAM PLEASE CALL **9700 2237**  
OR ALTERNATIVELY EMAIL THE TEAM AT

**JHFMHN-GOTIT@HEALTH.NSW.GOV.AU**



**Health**  
Justice Health and  
Forensic Mental Health Network

