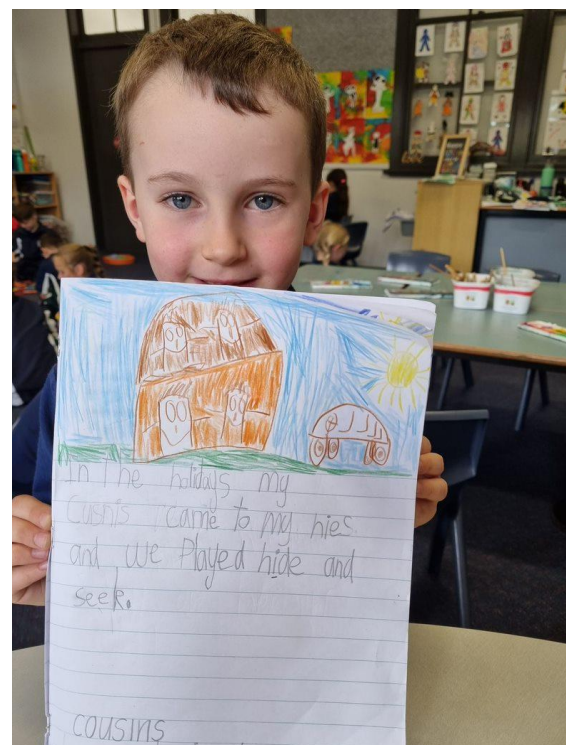
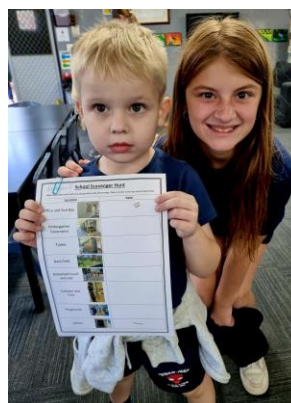
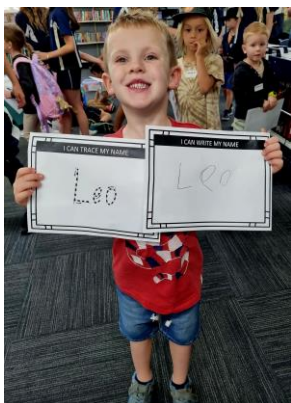


TERM 4 WEEK 4 : NOVEMBER 2022



TERM CALENDAR

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---------------------------------|--|---|--|---|
| Week 1 OCTOBER | 10 Students Return | 11 Year 6 Terrigal High School Taster Session (12:45pm – 2:25pm) Central Coast Public Speaking finals – Somersby P | 12 School Concert and All-Day Rehearsal Concert at EV church Terrigal HS Targeted sport trials | 13 | 14 |
| Week 2 OCTOBER | 17 | 18 | 19 NSW Athletics Carnival Year 2 History Excursion Kindergarten Orientation | 20 NSW Athletics Carnival | 21 |
| Week 3 OCTOBER | 24 | 25 | 26 Kindergarten Orientation | 27 | 28 Teachers' Day Day for Daniel – Red Day |
| Week 4 OCT/NOV | 31 | 1 Life Education | 2 Life Education Kindergarten Orientation | 3 Life Education | 4 Life Education |
| Week 5 NOVEMBER | 7 Life Education | 8 | 9 Kindergarten Orientation | 10 | 11 |



KINDERGARTEN 2023 ORIENTATION DAYS



2023 Kindergarten Transition Program Overview

| | Day and Time | Activity | Location |
|----------------------|-----------------------------|--|---|
| October 2022 | October 18 9:15-10:45am | <u>School visit 1</u> School Tour – Year 5, 2023 Students <u>Parent Information Session</u> Presentations from our school community | Meet in the Kindergarten CDLA Parent session in school hall |
| | October 26 9:15-10:45am | <u>School visit 2</u> Kindergarten group activities Continue visit | Meet in the Kindergarten CDLA |
| November 2022 | November 2 9:15-10:45am | <u>School visit 3</u> Kindergarten group activities | Meet in the Kindergarten CDLA |
| | November 9 9:15-10:45am | <u>School visit 4</u> Kindergarten group activities | Meet in the Kindergarten CDLA |
| | November 26 9:15-10:45am | <u>School visit 5 - Celebration</u> Teddy Bear's Picnic Presentation Assembly | Meet in the Kindergarten CDLA Parents welcome to attend for full session |

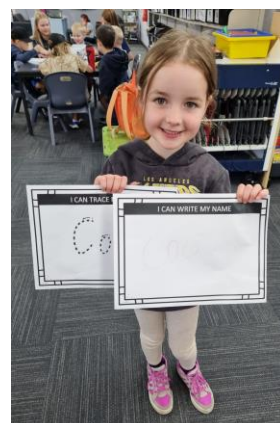
Erina Heights Public School
2 Serpentine Road, Erina Heights



PRINCIPAL REPORT

Kindergarten Orientation

Our Kindergarten Orientation program is underway and this week was visit 3 of 5. Our Kindergarten class of 2023 have all thoroughly enjoyed their visits so far and it has been great to see them engaging in a variety of activities and building relationships with their peers and Year 5 buddies. Our Year 5 buddies have been fabulous in supporting students and making them feel welcome at Erina Heights.



World Teachers Day

Last Friday, we recognised the great work that teachers at Erina Heights do as part of the World Teachers Day celebrations. I am so grateful for the work that our teachers do in making a positive difference to the lives and futures of our students, the wonderful teaching and learning opportunities they provide, and the relationships they build with students and families. Happy World Teachers' Day to all our fabulous teachers!



Last Thursday evening Miss Baldock attended the World Teacher's Day award ceremony where Mr Beames received a World Teachers Day award for his organisation of sport across the school and his contributions within the wider community through his involvement with the PSSA. Thank you, Mitch and congratulations, on your award.

Leaving in 2023?

If you are moving schools in 2023, please let the school know as soon as possible. We have begun our planning for next year and having accurate enrolment numbers when looking at class structures is helpful.



Mrs MacDonald

CLASSROOM NEWS

KG

What a glorious start to Term 4 for KG! From the school concert, to learning many new concepts in class and participating in SiSA sport days. It has been a busy and exciting start to the term.

KG conquered their fears as they bravely performed in their first School Concert in front of our school community. Kindergarten's theme was Australia and through creative dance and drama they brought many iconic aspects of Australia to life. Teal said the following day that he was very nervous before he went on stage but was glad, he did it and cannot wait for the next school concert.

In English, KG have been writing some excellent descriptive sentences and recounts using adjectives. Our literature unit for this term focuses on the theme "Fantasy." So far, we have read and completed learning experiences based around the books, The Paper Bag Princess and The Gruffalo. Hanging up in our classroom, we have our recounts of the Paper Bag Princess. KG has used some awesome adjectives to describe the dragon. Students created their own Gruffalo/monster and enjoyed writing numerous sentences to describe it. KG has also been enthusiastically reading our new decodable books and we are learning to carefully sound out words when reading texts.

Since returning this term, KG has been learning about Whole Number, Money and Time in Mathematics. Students have continued to consolidate their knowledge of 2- and 3-digit numbers and some students are excited to start learning their 4-digit numbers. KG also explored the value of money and its use in society. Last week we learnt the days of the week, months of the year and explored the duration of events. Students also learnt about analog and digital clocks and how to read the time using the terms "o'clock" and "half past."

KG is exploring different materials and their properties in Science. We completed a science experiment last week where students were challenged to build a Lego house and decide which material would be the most useful as a waterproof roof. We then discussed why some materials worked better than others.

Every Friday, KG is so excited for their Gymnastic and Fundamental Movement Skill lessons with SiSA. Kindergarten is learning a range of new techniques through drills and games. The mini trampoline and rolling down the wedge mat have been amongst our favourite activities.

A highlight of this week was visiting our Life Education Van and meeting Healthy Harold. We learnt all about friendships and the kinds of things that good friends do for each other.

KG is a hard-working and enthusiastic class, and we cannot wait to see what the rest of the term brings.

Mrs Woods and Mrs Diggins



CLASSROOM NEWS

KT

Wow! It's hard to believe that the awesome KT students are close to graduating to Year 1.

Boy, have they been busy since our return to school. From entertaining the audience with their wonderful performance at the School Concert, to having lots of fun with the fantastic equipment that Sports In Schools (SISA) provide, onto a surprise visit from a couple of cute ducklings when we were focussing on the 'ck' sound, to dressing in red and learning about personal safety and getting to meet the hilarious Healthy Harold for the first time.

KT have been enjoying reading quality texts such as 'The Bad-Tempered Ladybird', 'The Paper Bag Princess' and 'The Gruffalo'. The characters and the plots in these texts are engaging and interesting and enriches our discussions. The rich conversations that generate from these stories, highlights how clever KT are.

KT are working towards becoming independent writers. They are masters of naming nouns that surround us each day and are learning how to use adjectives to make their writing more interesting. Did you know that adjectives help paint a picture in the readers mind?

Learning the 'Days of the Week' and 'Months of the Year' to catchy tunes has been a favourite in Maths, as has learning to read the time on analog and digital clocks. An introduction to 'Volume and Capacity' this week has involved lots of 'hands on' play with water, sand and rice.

I am looking forward to watching the children's progress throughout their last term of Kindergarten. How time flies when you're having fun.

Mrs Tibbutt

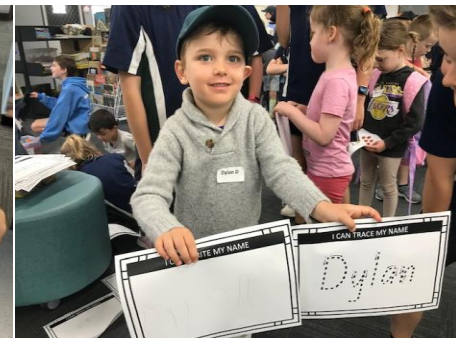
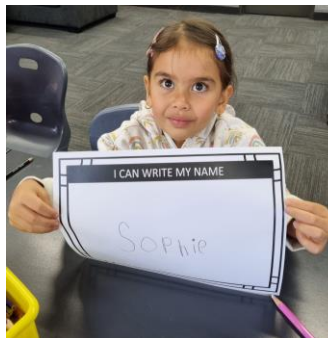
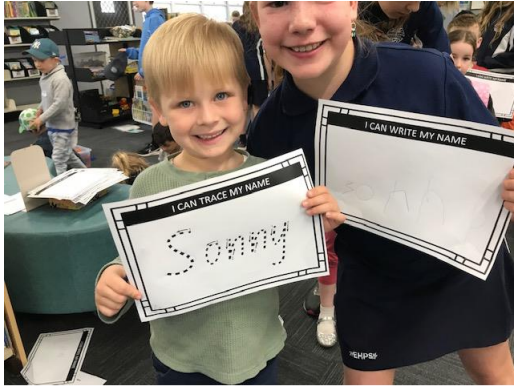


SCHOOL NEWS

Kindergarten Orientation

Over the past three weeks, our 2023 Kindergarten students have been taking part in their orientation program to prepare them for their first year of school. Year 5 students have been assisting their buddies with the orientation and have displayed exceptional leadership skills. It has been wonderful to see our Year 5 students nurture and support our new students, ensuring their start to school is a fun and positive experience.

Mrs Diggins



SCHOOL NEWS

Motivated Learner

Setting Goals and Working Towards Them

Science says 92 percent of people don't achieve their goals. Perhaps, most of them never learned how to effectively set their goals.

WHY should your children learn goal-setting?

- it teaches them to take responsibility for their own behaviours and learning
- it promotes a "can-do" attitude
- it forms a powerful lifelong habit

Here are some ways you can help your child develop this skill.

Get the Idea Across

Start the process by looking for ways that your child already uses goal-setting techniques. If you notice that your child has managed to save up their money to buy a video game, for example, discuss the steps they needed to take to get what they wanted. Talk to them about how good it feels to accomplish something that you've worked toward. Then, discuss how these same techniques can be used to meet other challenges.

Start Small

Help your child think of a fun goal they could achieve within a short time. Maybe they could finish a book they started or complete a craft project. Little goals are the best way to get kids moving toward big goals. Meeting a goal gives kids an incredible surge of energy.

Let Them Choose

As much as you might want your child to be awarded the Academic Achievement awards each year, it's best to let your kid decide what they want to achieve. Then you can help them make a plan. Obviously, some goals require more input from you. If learning to figure skate is your kid's dream, you're going to have to help them set and achieve their targets. If parents find they're nagging or getting angry that their child isn't working hard enough to meet a goal, that's a signal they need to pull back.

Be Alert to Possibilities

If your child says, "I wish I could win the public speaking competition in my class," use it as an opportunity to assist them in creating a plan. Help them write down specific steps. Then check in with them from time to time to help keep them focused on their targets.

Show Them How

Adults have a much greater sense of what it takes to accomplish goals so include your child in your own goal-setting to show her how the process works. Say you want to create a garden. Get your child involved in everything from researching plants to turning the dirt. Adults know how to break a goal down into steps, and that's something kids need to learn.

Provide a Reality Check

Children often underestimate how hard it can be to meet a goal, and then they get frustrated and discouraged when they fall short. If your child decides they want to play the guitar, for instance, be encouraging but realistic. Point out the challenges and the dedication it will require. The idea isn't to make the goal seem too daunting, but rather to share in the seriousness of the undertaking by helping plan it out.

Applaud Effort

As your child begins to set goals and work towards them, don't forget the compliments. Say something like, "I'm really impressed. When you care about something you really go after it!"

SCHOOL NEWS

When Kids Fall Short

Your child wanted to improve in spelling, but they got 50% right on the latest test. Now what? Try these steps.

- Review the goal with your child. Maybe it was too vague or too ambitious.
- Ask your child for suggestions. Children are more likely to follow through on their own ideas about what else they can do.
- Help envision the benefits. Ask: "What do you think it will feel like to do better on the next test?"
- Share your childhood frustrations. Your child might feel better when you tell them about your difficulties learning fractions.
- Compliment him. Even if your child doesn't get the 100% hoped for, make sure to praise them for trying ("I'm so proud of how hard you studied!").
- Threats or bribes won't work in the long term. Offering a video game in exchange for an A, or a punishment for a D, won't help your child's follow-through in the long run.

Mrs Stahl

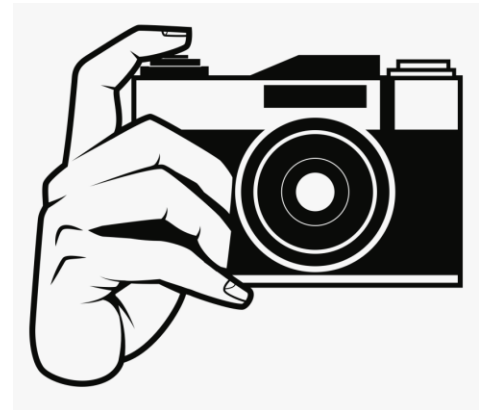
P&C Term 4 Update

Christmas Raffle - We are currently seeking donations for our upcoming Christmas Raffle. A class dojo notification went out this week calling for prize sponsorships for our end of year fundraiser. Thank you to those families and businesses who have previously donated prizes, your support is always appreciated. If you work for a business that would like to contribute by donating a prize or if you know a business who may wish to sponsor a prize as their service can't typically be donated, eg: Real estate or accountant, please reach out. You can contact the school office on 43677608 or email the P&C at secretaryehps@gmail.com and we will contact you. For printing purposes, we will need notification of a prize donation by Monday 14th November.

Concert photobook - Information regarding our school concert photobook will be released shortly. We are trying to get the best value/deal possible for our families. Payment will be through flexi-schools. We will notify families when ordering and payment becomes available.

Thank you to the dedicated P&C members who attended the latest meeting. We were able to give thanks to the fabulous staff for their efforts with the concert production and we acknowledged the many other events that they have organised since our last meeting. It is a wonderful opportunity to casually discuss or make suggestions about how we can support the school on any area and to hear firsthand what is happening in the classrooms, and future plans from the executive team. Our last meeting for the year will be on Tuesday December 6 at 7pm. New members are always welcome!

The P&C Team



LIFE EDUCATION

We were very lucky to have Healthy Harold drop into Erina Heights for a visit and teach our students. Harold made quite an impression on the Kindergarten and Year 1 students who met him for the first time. Each year engaged in different modules related to the PDHPE syllabus.

Kindergarten - Harold's Friendship

Year 1 - Ready Steady Go

Year 2 – Growing Good Friends

Year 3 - Bcyberwise

Year 4 - Bcyberwise

Year 5 - Relate, Respect, Connect

Year 6 - On The Case

Students who visited the van on Tuesday and Wednesday were asked for feedback on their session. Below are some of their responses;

Kindergarten

"I loved when Harold put the carrot up Chris's nose". Evie

"I loved when Harold was dancing". Louie

"I loved when Harold shot the basketball into the hoop". Teal

"I love when Harold was frozen. He is so funny". Dom

Year 3

- Healthy Harold taught me how to be safe when using technology by not talking to anyone that I don't know and not replying to any personal questions.

- The Life Education van was spectacular! We learnt all things about being cybersafe. I really enjoyed it. Chris told us not to share personal information and have a strong password.

- Today Healthy Harold taught me how to stay cybersafe. He even taught us to report people who want to get private information from you.

- I learnt that hackers change their voices with an app. I also learnt that you should not let strangers join online games. I enjoyed the music and how funny Healthy Harold was.

- When I visited Healthy Harold, I learnt that you shouldn't talk to strangers online. Don't share your personal information and never click on links that you don't know.

- What I learnt from Chris today is to avoid people that ask you to send photos of you and meet you in real life. If you see a red flag, it means you must stop and report.

- When my class went to Healthy Harold, I was SO excited! I learnt that when you play online, strangers ask questions like, "Is an adult watching you?" Don't trust anybody and keep your password private.

Chris commented on the wonderful behaviour of our students and their thoughtful contributions to discussions held. Well done Erina Heights!

Mrs Tibbutt

